

Treatment Tracker

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One of the biggest challenges psychotherapists face is deciding on the appropriate treatment for individual patients. Wolfgang Lutz is an internationally recognized researcher on psychotherapy, and is leading the field in collecting important data about treatment effectiveness and results. He has pioneered the concept of expected treatment response (ETR), which involves an individualized log of each patient's progress in relation to their expected response to the therapy. His work is helping providers to deliver proven and individually tailored treatment plans and to preemptively spot patients at risk for treatment failure.