

Book explains why people do poorly under pressure; video captures bicycle stunts

August 23, 2011

The Washington Post:

When the going gets tough, sometimes the tough make embarrassing last-minute mistakes. In her book, newly available in paperback, psychologist Sian Beilock examines the mental forces that drive golfers to miss easy putts, cause businessmen to bungle presentations and may have caused you to nuke yourself during that Mario Cart match against your housemates last weekend.

Read the whole story: [*The Washington Post*](#)