

Cultural Beliefs and Self-efficacy Influence Nutrition Adherence Among Type 2 Diabetics

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The aim of the study was to examine the influence of cultural beliefs and psychological factors on treatment compliance among native Mapuche and mainstream Chilean diabetics. Structural equation modeling revealed that for both ethnic groups, cultural susceptibility to social pressure negatively influenced self-efficacy, which in turn positively influenced nutrition adherence.

-Sonika K. Ung
Loma Linda University

*APSSC RISE Research Award Winner