

Negative Nancy? Your Facebook friends might hate you for it: Study

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Toronto Sun:

Stop complaining on Facebook.

Your “friends” are starting to hate you for it, a study from Ontario’s University of Waterloo suggests.

“People with low self-esteem seem to behave counterproductively, bombarding their friends with negative tidbits about their lives and making themselves less likeable,” according to a new study to be published in the journal *Psychological Science*.

Co-writers Amanda Forest and Joanne Wood took the last 10 status updates of students and had people rate how positive or negative they are. Participants then rated how much they liked the person who wrote them.

The researchers found people with low self-esteem were more negative than people with high self-esteem — and they were liked less. Granted, researchers found nearly half of Facebook friends were not close friends.

Read the whole story: [Toronto Sun](#)