Six articles explore the science of what changes, and what stays the same, as we age.

Childhood Residue in the Aging Body: Science explores the formidable link between our earliest life experiences and our health in old age.
Mighty Mitochondria: Could the powerhouse of the cell also hold the secrets to healthy aging?

A Lifetime of Learning: Age-related changes in healthy adults may reflect shifting priorities more than cognitive decline.

Up-and-Coming Voices: Previews of research by early-career psychological scientists on aging and lifespan development.

Gender, Dopamine, and a Closed Gas Station: A “safe” retirement investment put this cognitive psychologist’s lifetime of learning to the test.
In Their Own Words: Lives Lost in 2021: Excerpts from the research of a few of the remarkable psychological scientists we said goodbye to this year.