

Books to Check Out: November 2014

October 31, 2014

To submit a new book, email apsobserver@psychologicalscience.org.

[A Cognitive Psychology of Mass Communication](#) by Richard Jackson Harris and Fred W. Sanborn; Taylor & Francis, 2014.

[Age of Opportunity: Lessons From the New Science of Adolescence](#) by Laurence Steinberg; Eamon Dolan/Houghton Mifflin Harcourt, September 9, 2014.

[The Upside of Your Dark Side: Why Being Your Whole Self — Not Just Your “Good” Self — Drives Success and Fulfillment](#) by Todd Kashdan and Robert Biswas-Diener; Hudson Street Press, September 25, 2014.

by Steven Pinker; Viking Adult, September 30, 2014.

[Slim by Design: Mindless Eating Solutions for Everyday Life](#) by Brian Wansink; William Morrow, September 23, 2014.