

## **Books to Check Out: April 2015**

March 31, 2015

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[\*\*The Wiley Blackwell Handbook of Mindfulness\*\*](#) edited by Amanda Ie, Christelle T. Ngnoumen, and Ellen J. Langer; Wiley–Blackwell, April 2014.

[\*\*Psychology Gone Wrong: The Dark Sides of Science and Therapy\*\*](#) by Tomasz Witkowski and Maciej Zatonski; Brown Walker, January 29, 2015.

[\*\*Tales From Both Sides of the Brain: A Life in Neuroscience\*\*](#) by Michael S. Gazzaniga; Ecco, February 3, 2015.

[\*\*The Nurture Effect: How the Science of Human Behavior Can Improve Our Lives & Our World\*\*](#) by Anthony Biglan; New Harbinger, March 1, 2015.

[\*\*How and Why Thoughts Change: Foundations of Cognitive Psychotherapy\*\*](#) by Ian M. Evans; Oxford University Press, March 9, 2015.

[\*\*The Eureka Factor: Aha Moments, Creative Insight, and the Brain\*\*](#) by John Kounios and Mark Beeman; Random House, April 14, 2015.