

Books to Check Out: April 2015

March 31, 2015

To submit a new book, email apsobserver@psychologicalscience.org.

[**The Wiley Blackwell Handbook of Mindfulness**](#) edited by Amanda Le, Christelle T. Ngnoumen, and Ellen J. Langer; Wiley–Blackwell, April 2014.

[**Psychology Gone Wrong: The Dark Sides of Science and Therapy**](#) by Tomasz Witkowski and Maciej Zatonski; Brown Walker, January 29, 2015.

[**Tales From Both Sides of the Brain: A Life in Neuroscience**](#) by Michael S. Gazzaniga; Ecco, February 3, 2015.

[**The Nurture Effect: How the Science of Human Behavior Can Improve Our Lives & Our World**](#) by Anthony Biglan; New Harbinger, March 1, 2015.

[**How and Why Thoughts Change: Foundations of Cognitive Psychotherapy**](#) by Ian M. Evans; Oxford University Press, March 9, 2015.

[**The Eureka Factor: Aha Moments, Creative Insight, and the Brain**](#) by John Kounios and Mark Beeman; Random House, April 14, 2015.