

You Can Smell Other People's Emotions, and They're Contagious

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Forbes:

Emotions are the primary driver of our behavior. Everything we experience in the world around us—no matter how small—generates an emotional response that motivates action. Sometimes emotions move us to act before we even have a chance to think rationally about them.

Emotions are also contagious. The brain has a host of complex methods for detecting emotions in other people, and it uses this information to mirror their emotional state. Some of these social survival mechanisms operate beneath our conscious awareness.

A new study published in the journal *Psychological Science* provides fascinating insight into one such mechanism.

Read the whole story: [*Forbes*](#)