

## You 2.0: Dream Jobs

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Why do you work? Popular wisdom says your answer depends on what your job is. But psychologist Amy Wrzesniewski at Yale University finds it may have more to do with how we *think* about our work.

Across a diverse array of jobs — from secretaries to custodians to computer programmers — Wrzesniewski finds people are about equally split in whether they say they have a “job,” a “career,” or a “calling.” This week on *Hidden Brain*, Shankar Vedantam talks with Wrzesniewski about how we find meaning and purpose at work.

This episode is part of our “You 2.0” summer series. Each story looks at how we can improve the decisions we make, from the mundane to the momentous.