

Widespread panic: Why math anxiety continues to multiply

August 17, 2011

Miami Herald:

One look at math word problems and many students cringe.

Even worse, many elementary school teachers seem to have the same reaction.

Math anxiety, a fear that first gained recognition as a feminist issue in the 1970s, remains a big problem that psychologists, educators, and parents are trying to crack.

A negative emotional reaction to math or even the prospect of solving a problem that has to do with mathematics, math anxiety is now the topic of many books, research papers and seminars.

Read the whole story: [*Miami Herald*](#)