

# Why I Taught Myself to Procrastinate

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*The New York Times:*

NORMALLY, I would have finished this column weeks ago. But I kept putting it off because my New Year's resolution is to procrastinate more.

I guess I owe you an explanation. Sooner or later.

We think of procrastination as a curse. Over 80 percent of college students are plagued by procrastination, requiring epic all-nighters to finish papers and prepare for tests. Roughly 20 percent of adults report being chronic procrastinators. We can only guess how much higher the estimate would be if more of them got around to filling out the survey.

But while procrastination is a vice for productivity, I've learned — against my natural inclinations — that it's a virtue for creativity.

Read the whole story: [The New York Times](#)