

Why A Teen Who Talks Back May Have A Bright Future

January 04, 2012

NPR:

If you're the parent of a teenager, you likely find yourself routinely embroiled in disputes with your child. Those disputes are the symbol of teen developmental separation from parents.

It's a vital part of growing up, but it can be extraordinarily wearing on parents. Now researchers suggest that those spats can be tamed and, in the process, provide a lifelong benefit to children.

Researchers from the University of Virginia recently published their findings in the journal *Child Development*. Psychologist Joseph P. Allen headed the study.

Allen says almost all parents and teenagers argue. But it's the quality of the arguments that makes all the difference.

Read the whole story: [NPR](#)