

When it Comes to Happiness, Research Finds Jobs to be More Important Than Marriage

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What's the secret to happiness? It's an age-old question — and one that is addressed in a new [study](#) in the academic journal, *Psychological Science*.

A team of researchers led by Andrew Jebb of Purdue University analyzed data from over 1.7 million people worldwide to uncover the keys to happiness across the human life span. Interestingly, they found employment to be a stronger predictor of happiness than marriage.

“For all measures and regions, employed people had higher subjective well-being than unemployed people, with differences that usually peaked around age 50 years and were lower at younger and older ages,” state the researchers. “The effect sizes were larger than for marriage.”