

# When Americans Think of Regrets, Love Tops List

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## ***MSN Health & Fitness:***

Whether it's the great guy who got away or the dead-end relationship that went on way too long, regrets involving romance are most commonly cited by Americans when asked about things they wish they'd done differently.

Researchers at Northwestern University's Kellogg School of Management and the University of Illinois at Urbana-Champaign surveyed 370 adults aged 19 to 103 about their regrets. Each was asked to describe, in detail, one decision they came to rue.

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