

# Wharton Professor Promoted Love in the Workplace

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Sigal Barsade, a professor of management at the University of Pennsylvania's Wharton School, urged bosses to think more deeply about [emotions, including love](#), swirling around the workplace.

Dr. Barsade, who died Feb. 6 of a brain tumor at age 56, cautioned against trying to suppress or ignore emotions at work. "We literally catch emotions from one another like viruses," she said.

Bosses can't prevent this "emotional contagion," she said, and should try to encourage positive emotions while dealing with problems generating negative ones. She advised leaders to pay especially close attention to the emotional signals they emit through facial expressions, body language and other habits.

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