

We make better decisions when we gotta go

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MSNBC:

In addition to making you walk funny and drop your keys five or six times while trying to get inside your house, a full bladder may actually do something useful: help you make better decisions.

According to an upcoming study in Psychological Science, researchers at the University of Twente in the Netherlands performed experiments on more than 500 college students to determine if the inhibitory signals sent to a full bladder would “spill over” into other inhibitory responses, such as holding out for a larger monetary reward rather than going with a smaller immediate one.

Read the whole story: [MSNBC](#)