

Watching funny cat videos at work can boost your productivity according to study

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TODAY:

Feeling guilty about watching cat videos at work? Don't be. Science is here to tell you it's OK.

A recent study has found that being exposed to something funny while on the job can actually make you more productive. So feel free to boost your work output by watching this cat chase a duck while riding a Roomba in a shark costume.

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The study was conducted by psychological scientists David Cheng and Lu Wang of the University of New South Wales, who found that taking a humor break can help productivity. They gave students a boring task of crossing out the letter "e" in two pages of text, with one group assigned to watch a video from British comedy "Mr. Bean," and the other watching a video of dolphins swimming.

Read the whole story: [TODAY](#)