

Valuing your time over money may be linked to happiness

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CNN:

Would you prefer a more expensive apartment with a shorter commute or a less expensive apartment with a long commute?

That's one of the many real world questions researchers at the University of British Columbia asked more than 4,600 participants in the latest study on happiness.

The questions aim to get to the heart of what people value more: time or money.

New research that was collected over a year and a half and published by the Society of Personality and Social Psychology suggests valuing your time rather than pursuing money may be linked to greater happiness.

Read the whole story: [CNN](#)