

# U.S. Immigrants Get Supersized

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## **Live Science:**

Immigrants to the United States may be packing on the pounds, in part, because of a desire to fit in with the citizens of their new country, a new study suggests.

Immigrants and their children are known to put on weight after moving to the United States, with some approaching levels of obesity within 15 years.

While the abundance of junk food in the American diet no doubt plays a role in their weight gain, immigrants and their families may choose typical American dishes as a way to show that they belong and to prove themselves as Americans, the new study finds.

Read the whole story: [Live Science](#)