

To Spot Kids Who Will Overcome Poverty, Look At Babies

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NPR:

Why do some children who grow up in poverty do well, while others struggle?

To understand more about this, a group of psychologists recently did a study.

It began in a small spare room where a series of very poor mothers and their 5-month-old babies came to watch a soothing video. Soothing the baby was the point, says Elisabeth Conradt, a postdoctoral researcher at Brown University's Brown Center for the Study of Children at Risk. The researchers needed to take measurements of the babies when they were calm.

On the screen, circles of gently colored shapes flickered and music softly played while a sensor taped to the baby's chest recorded how much the baby's heart beat when the baby breathed in, and how much the baby's heart beat when it breathed out.

Read the whole story: [NPR](#)