Thinking outside the box DOES boost creativity: Cramped work spaces produce few 'lightbulb moments' for employees

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The Daily Mail:

Many work places preach to their employees about the importance of thinking 'outside the box'.

But it seems if companies really want increase worker creativity they should focus more on the office environment, according to new research.

Scientists say cramped, claustrophobic working environments stifle employees' creativity and result in fewer 'lightbulb' moments of inspiration.

However, working in an airier, less constricted workplace was found to stimulate their brains more and boost their ability to think 'outside the box'.

Read the whole story: The Daily Mail