The Suicide Detective

July 08, 2013

The New York Times:

For reasons that have eluded people forever, many of us seem bent on our own destruction. Recently more human beings have been dying by suicide annually than by murder and warfare combined. Despite the progress made by science, medicine and mental-health care in the 20th century — the sequencing of our genome, the advent of antidepressants, the reconsidering of asylums and lobotomies — nothing has been able to drive down the suicide rate in the general population.

. . .

"We've never gone out and observed, as an ecologist would or a biologist would go out and observe the thing you're interested in for hours and hours and then understand its basic properties and then work from that," Matthew K. Nock, the director of Harvard University's Laboratory for Clinical and Developmental Research, told me. "We've never done it."

Read the whole story: *The New York Times*