

# The Science Behind When and Why Children Learn to Lie

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**ABC:**

Most parents spend years trying to teach their children not to lie and that lying is bad, but virtually everyone learns to lie. To understand why this happens, experts have spent decades looking into the science of lying.

Michael Lewis, a distinguished professor of pediatrics and psychiatry at Rutgers Robert Wood Johnson Medical School, says that in spite of what our parents told us, lying isn't always a bad thing and that there are important reasons almost everyone learns to lie.

“Lying is a basic process that gets us into imagination and into play and into creativity,” he explained.

Read the whole story: [ABC](#)