The Psychology of Success: Helping Students Achieve (Op-Ed) -

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LiveScience:

Timothy Wilson is a professor of psychology at the University of Virginia and author of "Redirect: The Surprising New Science of Psychological Change" (Little, Brown and Co., 2011) and he contributed this article to LiveScience's Expert Voices: Op-Ed & Insights.

Scientific practice is under intense scrutiny these days, including in research psychology. Due to some high-profile cases of scientific fraud, and concern by some about shoddy research practices, there is a lot of hand-wringing going on. This is ironic, because this should be a time for hand clapping, not hand-wringing.

In recent years, research psychologists — particularly in my subdiscipline, social psychology — have made great strides in addressing social and behavioral problems.

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