

# **The ‘Great Realization’ Has Inspired People To Seek Happiness In Their Jobs And Careers**

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It’s hard to be happy. Right now, parts of the United States are burning with wildfires, hurricanes are hitting the East Coast, the Delta variant is sending people to the hospital and we’re watching the horrific situation in Afghanistan play out in real time. There are real concerns over keeping our jobs and what our futures will look like.

The pandemic is a constant cold, stark reminder that life is fleeting. We’re not invulnerable. Good people get sick and die. This brutal recognition could be both saddening and invigorating. People could either throw their hands up in despair or take action to improve the quality of their lives.

The nearly two-year ordeal of living with a deadly virus has made many folks rethink their lives, jobs and careers. People from all walks of life have started deeply contemplating their jobs, and wondering if this is all there is to life. It’s a collective “Great Realization” that we can no longer mindlessly fritter away our time, and need to critically evaluate what will make us happy.

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