

# Study techniques that work — and (surprisingly) don't

August 29, 2013

## **The Washington Post:**

Is cramming before a test better than not studying at all? Is underlining material a good way to retain information? A new school year is a good time to look at the latest research on the best ways to study. What works and doesn't may surprise you.

A 2013 study called "Improving Students' Learning With Effective Learning Techniques" and published in "Psychological Science in the Public Interest," a journal of the Association for Psychological Science, evaluated the 10 most commonly used learning techniques and concluded the following about effectiveness.

Read the whole story: [\*The Washington Post\*](#)