

Screaming Into The Void: How Outrage Is Hijacking Our Culture, And Our Minds

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Social media changed after the 2016 presidential election.

“I felt myself getting sucked into feedback loops where I would read something, I would feel outraged about it, [and] I would feel compelled to share it with my friends,” says [Yale psychologist Molly Crockett](#). “I would then be sort of obsessively checking to see whether people had responded, how they had responded, you know, lather, rinse, repeat.”

Molly remembers feeling outraged in early 2017 by the anti-immigration stance of the Trump administration. She saw a friend post a pro-immigration article. After reading it, Molly decided to share it.