

Science Says Using YouTube and Google the Wrong Way Leads to Extreme Overconfidence

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I've learned to do a lot of things by watching [YouTube](#) videos. Wire a four-way circuit. Replace the control board on a clothes dryer. Create complicated (at least to me) spreadsheet pivot tables.

Granted, “learned” is an overstatement. I got a basic sense of what to do. Most of what I learned actually came from doing, and struggling, and eventually figuring out — not from [watching](#).

Even though I went into those tasks, and plenty more, extremely [confident](#) that they would be a breeze.

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