

Rethinking The Way We Learn

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Forbes:

Last summer I read Daniel Willingham's fascinating book 'Why Don't Students Like School?' and immediately put it on my list to blog about. Willingham, a psychologist at the University of Virginia, applies the principles of cognitive psychology to the world of education. Essentially, his goal is explain to teachers how their students' brains work.

The common wisdom in education holds that memorizing facts is a waste of time. In contrast Willingham believes the more details you know about a subject, the more you can understand the subject. By memorizing, we spend less time recalling facts which frees up time to spend on learning new concepts.

Read the whole story: [*Forbes*](#)