Microaggressions: What We Know and Should Know

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Though small in scale and sometimes unintended, microaggressions can negatively impact the well-being of individuals while reinforcing harmful stereotypes in society. Monnica Williams, a researcher at the University of Ottawa, discusses the study and impacts of microaggressions. The latest issue of Perspectives on Psychological Science is dedicated to the topic of microaggressions. You can read more about this topic here: Current Understandings of Microaggressions: Impacts on Individuals and Society.