

# Parents: beware praise inflation

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## *The Boston Globe:*

IT'S NATURAL for parents to want to heap praise on their children. But depending on the kid, it may not be as helpful as they might think. In a new study, researchers found that even though parents offered more inflated praise to children with lower self-esteem, children with low self-esteem were actually more motivated to challenge themselves after receiving non-inflated praise ("You made a beautiful drawing!") than if they heard inflated praise ("You made an incredibly beautiful drawing!")

Read the whole story: [\*The Boston Globe\*](#)