

# Overexposed? Camera Phones Could Be Washing Out Our Memories

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**NPR:**

Los Angeles blogger Rebecca Woolf uses her blog, *Girl's Gone Child*, as a window into her family's life. Naturally, it includes oodles of pictures of her four children. She says she's probably taken tens of thousands of photos since her oldest child was born. And she remembers the moment when it suddenly clicked — if you will — that she was too absorbed in digital documentation.

“I remember going to the park at one point, and looking around ... and seeing that *everyone* was on their phones ... not taking photographs, but just — they had a device in their hands,” she recalls.

Read the whole story: [NPR](#)