

Money leads to autonomy but it does not add to well-being or happiness.

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TIME:

Fischer and Boer, who are based in New Zealand, have authored a new study called “What Is More Important for National Well-Being: Money or Autonomy? A Meta-Analysis of Well-Being, Burnout and Anxiety Across 63 Societies.” Their research indicates that it’s freedom—not necessarily money—that leads to happier, more satisfied lives. They write:

Read more: [*TIME*](#)