

Made with love actually tastes better: study

January 20, 2012

New Zealand Herald:

Convinced nothing can beat your mum's Sunday roast or grandmother's apple pie? You're probably right.

Food that we believe has been prepared with tender loving care always tastes better, according to scientists.

So if your friends and family constantly impress you with their culinary delights, it probably says as much about your relationship with them as it does about their prowess in the kitchen.

Researchers looking into human experience found that our experience of a physical sensation, such as taste, is affected by how we perceive the person administering it.

In another example, the psychologists, from the University of Maryland, also found that patients in hospital felt less pain during procedures when they were carried out by a sweet-natured nurse.

Read the whole story: [New Zealand Herald](#)