Is 'twin communication' a real thing?

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msnbc:

When twins Danielle and Nicole Fisher gave birth to baby boys within minutes of one another, people wondered whether it was the result of some sort of special twin telepathy. After all, what are the chances that two young women would get pregnant within weeks of one another and then deliver 13 minutes apart?

The duo insists they didn't consciously plan to get pregnant together. Twenty-three year old Nicole Fisher put it down to the "twin thing." "It just has something to do with that twin communication," she told her hometown New Jersey newspaper, The Courier-Post.

But twin experts aren't ready to explain this away with ESP.

"I've heard of these things happening before," said Nancy Segal, a professor of psychology at California State University at Fullerton and author of "Entwined Lives: Twins and What They Tell Us About Human Behavior." "It's fascinating. But I don't think there's any kind of ESP going on."

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