

## Inside "60 Minutes" placebo story

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### ***CBS News:***

Some new scientific research is causing quite a stir in the medical community.

The fight is over antidepressants, and whether they work any better than a simple placebo.

In an report airing this Sunday, "60 Minutes" correspondent Lesley Stahl spoke to the psychologist behind the study, Irving Kirsch, associate director of the Placebo Studies Program at Harvard Medical School.

He says that his research challenges the very effectiveness of antidepressants. Kirsch says the difference between the effect of a placebo and the effect of an antidepressant is minimal for most people.

In her interview with Kirsch, Stahl asks, "You're saying if (patients taking antidepressants) took a sugar pill, they'd have the same effect?"

Read the full story: [CBS News](#)