

How high-fives boost team performance

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Sports Illustrated:

Can the number of high-fives, hugs and chest-bumps a team exchanges impact its win-loss record? Michael Kraus, a professor of organizational behavior at the Yale School of Management, joins the show to discuss his study on the correlation between physical touch and performance among NBA teams, and how lessons from those findings can be taken off the court and into our business and personal relationships.

Read the whole story: [Sports Illustrated](#)