

# How Family Game Night Makes Kids Into Better Students

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## ***The Atlantic:***

There has been a lot of recent attention focused on the importance of executive function for successful learning. Many researchers and educators believe that this group of skills, which enable a child to formulate and pursue goals, are more important to learning and educational success than IQ or inherent academic talent.

Kids with weak executive function face numerous challenges in school. They find it difficult to focus their attention or control their behavior—to plan, prioritize, strategize, switch tasks, or hold information in their working memory. As a teacher and a parent, I'm always looking for fun ways to shore up these skills in my students and my children.

Read the whole story: [\*The Atlantic\*](#)