

Good Moms Seem to Help Poor Kids Become Healthy Adults

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Yahoo Health:

Poor children are more likely to become unhealthy adults — vulnerable to [infection](#) and disease — than kids from higher-income families, according to a new study.

However, the study findings revealed, some disadvantaged children grow up into healthy adults. Their secret: a nurturing and attentive mother.

Upward mobility also has been cited as a reason that children from low-income families become healthy adults, the study pointed out. Yet the researchers found that income in adulthood didn't offset childhood poverty.

“But those greater risks later in life seem to be offset if the mom paid careful attention to the children's emotional well-being, had time for them and showed affection and caring,” Gregory Miller, lead study author and [psychologist](#) at the University of British Columbia in Canada, said in a news release from the Association for Psychological Science.

Read the full story: [Yahoo Health](#)