

Freedom from want

December 09, 2015

The Boston Globe:

AMONG NON-OBESE college students who were allowed to eat as many cookies as they wanted, students who had grown up poor as children ate the same amount regardless of how hungry they were — or what their glucose levels were — even controlling for body weight and how much they liked the cookies. In contrast, consumption by students who had an affluent childhood was strongly tied to hunger.

Read the whole story: [The Boston Globe](#)