## Embattled Childhood: The Real 'T' in 'PTSD'

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## The Huffington Post:

In 2009 a regiment of Danish soldiers, the Guard Hussars, was deployed for a six-month tour in Afghanistan's arid Helmand Province, a Taliban stronghold. They were stationed along with British soldiers — 270 in all — at a forward operating base called Armadillo. Although none of the Guard Hussars was killed during the tour of duty, they nevertheless experienced many horrors of battle. A commander was seriously injured by a roadside bomb, and a night patrol ended in a firefight that killed and dismembered several Taliban combatants.

The Guard Hussars' war experience is graphically depicted in the award-winning documentary film *Armadillo*, which follows the young soldiers from their emotional farewells in Denmark through their six months in combat and, finally, back to joyous homecomings and family reunions. The film is a study of the inner lives of young men as they experience the excitement and camaraderie, the tedium and, mostly, the terror and trauma of war.

Read the whole story: *The Huffington Post*