

# **Don't be a Ross. Here's how to keep your friends hooked when you speak**

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## **Hindustan Times:**

Do you feel like Ross Geller talking about dinosaurs every time you start narrating your personal experiences among friends? Does it look like your friends are getting bored while listening to your stories? If so, try saying things that are more familiar to them, suggests a research.

“Our friends are actually a whole lot happier when we tell them what they already know because at least they understand what we're talking about,” said Daniel T. Gilbert, psychological scientist at Harvard University.

Read the whole story: [Hindustan Times](#)