

# Does More Sex Lead to a Better Relationship?

April 29, 2016

## *Shape:*

We've all got those friends who swear they're super satisfied with their relationship even though the last time they got busy was weeks ago. Well, according to a new study, they're not just B.S.-ing you—or, at least, they don't realize they are. (*Psst...* Ever wonder how often other people are having sex?)

The frequency with which you get frisky does impact how satisfied you are with your relationship, according to new research published in the journal *Psychological Science* but it's not as straightforward as you might think.

Read the whole story: [Shape](#)