

# Do shifty eyes really mean you're lying? Researcher says no, you're just thinking

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**MSNBC:**

Whenever I've watched video of myself on TV, I think I look shifty-eyed. I'm asked a question and my eyes dart away from the camera into which I've been told to look. At the time, I don't know I'm doing it, but I am.

Psychology professor Howard Ehrlichman of Queens College, City University of New York, has been studying

eye movement since the 1970s. In a recent article in *Current Directions in Psychological Science*, he reviewed some of his work, including recent findings, and argued there's robust evidence that I'm not being shifty-eyed at all. I'm just thinking. More specifically, I'm accessing long-term memory.

Read the whole story: [MSNBC](#)