

Dads Who Do Dishes Raise Ambitious Daughters

June 20, 2014

New York Magazine:

Dads who equally divided the drudgery of household chores with their wives tended to have daughters whose “when I grow up” aspirations were less gender-stereotypical, suggests an upcoming paper in *Psychological Science*.

Moms’ work-equality beliefs did also color their daughters’ attitudes toward gender roles, but this study found that a stronger predictor of girls’ career goals was the way their dads handled domestic duties. The daughters of parents who shared housework were more likely to tell the researchers they wanted to be a police officer, a doctor, an accountant, or a “scientist (who studies germs to help doctors find what medicine each patient needs),” lead author Alyssa Croft wrote via email, quoting one little girl in the study.

Read the whole story: [New York Magazine](#)