

Childhood bullying may lead to social, health issues in adulthood

August 22, 2013

CBS:

Being bullied as a child may have long-lasting repercussions that can follow into adulthood.

A new study published in *Psychological Science* on Aug. 19 shows that being bullied as a youth was linked to more struggles to hold a regular job, more health problems and poor social relationships when the victim became an adult.

“We cannot continue to dismiss bullying as a harmless, almost inevitable, part of growing up,” Dieter Wolke, a professor in the department of psychology at the University of Warwick in the U.K., said in a press release. “We need to change this mindset and acknowledge this as a serious problem for both the individual and the country as a whole; the effects are long-lasting and significant.”

About 20 percent of U.S. students in grades 9 through 12 were bullied at some point in 2011, according to a Centers for Disease Control and Prevention survey.

Read the whole story: [CBS](#)