

# Can't Stand Your Commute? It's All in Your Head.

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## *The Wall Street Journal:*

Hate your morning commute? There is no need to move, or switch jobs. A recent study suggests an easy way to turn that lost time into found opportunity.

The Wall Street Journal spoke with one of the authors of the working paper, Jon M. Jachimowicz, a doctoral student at Columbia Business School, about the study's findings and how morning attitude adjustments can help with careers and commutes.

Read the whole story: [The Wall Street Journal](#)