

Bribing children to eat their greens really DOES work

February 08, 2011

The Daily Mail:

It's an idea sure to cause a sharp intake of breath among many parents, but experts have found bribing your children is the best way to get them to eat their veggies.

Children who were rewarded for eating their greens over a fortnight ate far more salad long-term than their peers, say scientists – even when ‘payments’ had been withdrawn.

Read the whole story: [*The Daily Mail*](#)