

Angela Duckworth On Grit And The Power Of Perseverance

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Is grit the secret sauce that drives success? More important than both talent and intellect? We're talking the power and limits of grit.

Grit is the new buzzword for success: At work, in school, in the gym. The research shows that grit really does matter after all. More than intelligence. More than talent. Even more than hard work. It's a combination of unshakable motivation, persistence, and determination. And the belief that improvement is always possible. Maybe, it's grit that can set you apart. Up next On Point: True grit. —**Jane Clayson**