America is a nation of narcissists, according to two new studies

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Is America a narcissistic country?

On a day when America gathers together to celebrate itself, this seems a fair question. The answer is a resounding yes, according to new research — but some states are more narcissistic than others.

In a study published in the journal *Psychological Science*, researchers asked more than 2,800 residents how much their home state contributed to the history of the United States. Residents of Delaware believed on average that their state helped create 33 percent of the nation's history. Georgians believed their state played almost as central a role, with 28 percent. Texans and Californians — two states famous for their braggadocio — ranked themselves at 21 and 22 percent, which was massive but nowhere near Virginia's 41 percent and Massachusetts's 35 percent.

"The question we asked is crazy in one sense, because there's no correct answer, but it told us a lot about people and what they believe about themselves," said Henry L. Roediger III, a psychologist at Washington University in St. Louis.